#### **Lodging Information:**

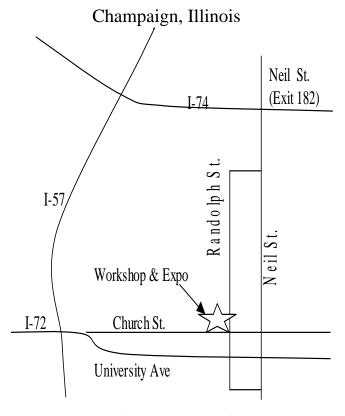
 Red Roof Inn
 (217) 352-0101

 Sleep Inn
 (217) 367-6000

 Howard Johnson
 (217) 359-1601

 Hampton Inn
 (217) 337-1100

For **additional information**, please contact any of the workshop coordinators: Peggy Holmes-Layman: (217) 581-6388 (plholmes@eiu.edu), Debbie Tiger: (217) 339-9029, or John Henry Pommier: (217) 581-6597.



Workshop / Expo will be held at the Springer Cultural Center: 301 N. Randolph St., Champaign; (217) 398-2376.

\* On the corner of Church St. and Randolph St.

From I-57: East on University Ave., North on Randolph St. From I-74: South on Neal St. (exit 182), West on Church St.

Please join us - the Illinois Recreational Therapy Association (ILRTA) & the Champaign Park District for a workshop and a 5th Annual Intern / Career Expo.

Students, practitioners, and educators are invited to attend some outstanding sessions that are unique to a congenial, workshop audience.

In an attempt to assist students in locating internship / fieldwork sites, agency-sites in selecting internship / fieldwork students, and practitioners in discovering new careers, ILRTA and the Champaign Park District are hosting the 5th Annual Intern / Career Expo.

Therapeutic Recreation students from nearly every University and College offering Therapeutic Recreation in Illinois (as well as a few neighboring state institutions) will be invited to the Workshop / Expo.

Agency-sites that have received numerous applications from students, applying for an internship / fieldwork experience may want to use the Expo as the interviewing / selection site? So students, get your applications out now!!!

Tables and chairs will be available to agency-sites **interested in** *booth space*. This service is **FREE** though space is limited; reserve NOW!!!

# Illinois Recreational Therapy Association & Champaign Park District

Presents.....

ILRTA Central
Region Workshop
&
5th Annual
Internship /
Career Expo

Friday, March 31, 2006 8:30-a.m.—3:00 p.m.

Springer Cultural Center Champaign, Illinois

.5 CEUs (pending) through the Illinois Park & Recreation Certification Board

# **ILRTA Central Region 5th Annual** Workshop & **Internship / Career Expo**

# **Presenters:**

# Kate Harding, CTRS

Therapist, Cunningham Children's Home

### **Deb Lister**

Director & Thai Yoga Massage Therapist, Living Yoga Center

# John Henry Pommier, Ph.D., CTRS

Associate Professor, Eastern Illinois University

# Norma Stumbo, Ph.D., CTRS

Professor, University of Illinois

#### Nicole Suk

Facilitator, Paradise Equestrian Therapy Center Student, Eastern Illinois University

# Deb Tiger, M.S., CTRS

Special Therapies Coordinator, Cunningham Children's Home

# Marieke Van Puymbroeck, Ph.D., CTRS, CRC

Assistant Professor, University of Illinois

# Book Raffle! Free Lunch! Door Prizes!

# **Workshop Agenda**

8:30—9:00 a.m. Check-in: Springer Lobby

#### 9:00—10:00 a.m.

Working with Clients who have Emotional Regulation or Emotional Intensity Issues

- Kate Harding, CTRS
- Deb Tiger, M.S., CTRS

#### 10:00—11:00 a.m.

Equestrian Therapy: Financial Options to Enabling a Therapeutic Recreation Service Dream into Reality

- John Henry Pommier, Ph.D., CTRS
- Nicole Suk

# 11:00 a.m.—12:00 p.m.

On the Road to Becoming Happier and Healthier

• Norma Stumbo, Ph.D., CTRS

**12:00—1:00 p.m.** Lunch & Networking

# 1:00—2:00 p.m.

Assessing the Needs of our Clients: Tools for Recreation Therapists

• Marieka Van Puymbroeck, Ph.D., CTRS, **CRC** 

# 2:00—3:00 p.m.

Yoga: Implications for Therapeutic Recreation

Deb Lister

3:00 p.m. Closing

# ILRTA Workshop & Intern / Career Expo

**Registration Form** (please print)

Name / Title:	
Address:	
Address.	
City:	
State: Zip:	
Email:	Phone:
<u>Join ILRTA now</u> or	renew for 2006:
Professional Membership	\$30 □
Student Membership	\$15 □
Workshop Fees (Check all	that apply)
Registration include	es Lunch!!
Professional \$45 Member	Professional \$50 Nonmember
Student \$5	Student \$10
Member	Nonmember
Display Area: FREE	
CEU Fee \$10	
TOTAL (Membership / F	ee)

Send membership / registration & fee to: (Make checks payable to ILRTA) Peggy Holmes-Layman, Ph.D., CTRS Eastern Illinois University Department of Recreation Administration 600 Lincoln Ave., Charleston, IL 61920

FOR OFFICE ONLY	
Total Pd.	Date: